



# De La Salle High School Athletic Summer Camps

**These week-long sessions will run  
in June and July.**

**Online registration is will begin  
January 15<sup>th</sup>, 2016**

**For more info contact  
summercamps@dlschs.org or  
925-288-8100 ext. 7090**

**De La Salle will offer the following sessions:**

**Session 1 – June 6 – June 9**

De La Salle Basketball Camp – 8:30 – 12:30 M – TH  
QB and Wide Receiver Camp-(EACH SESSION SOLD SEPARATELY)  
Sat. June 4 and 11 –8:30 –12:00 M-TH  
High School Strength and Conditioning –11:00 – 12:30 M –TH  
Youth Strength and Conditioning –1:00 – 2:30 M –TH

**Session 2 – June 13 – June 16**

Football – 8:30 – 3:30 MON-THU  
De La Salle Basketball Camp – 8:30 – 12:30 M – TH  
Water Polo – 6/15-7/30, 3-4p \*See website for details!  
Lacrosse – 5:30 – 8:30 M - TH  
Varsity football passing tournament – June 18<sup>th</sup>

**Session 3– June 20 – June 23**

Baseball – 8:30 – 12:30 M – TH  
De La Salle Basketball Camp – 8:30 – 12:30 (T – TH – 3 days ONLY)  
Track and Field – 8:30 – 12:30 M - TH  
Lineman camp – 8:30 – 10:30 M - TH  
Wrestling – 1:00 – 3:30 M - TH  
High School Strength and Conditioning –11:00 – 12:30 M –TH  
Youth Strength and Conditioning –1:00 – 2:30 M –TH  
Lacrosse – 8:00 – 1:00 – M - TH  
Swim Camp – TBA-(CHECK WEBSITE FOR DETAILS)

**Session 4– June 27 – June 30**

Lacrosse – 5:30 – 8:30 M – TH  
High School Strength and Conditioning–11:00 –12:30 M –TH  
Youth Strength and Conditioning –1:00 – 2:30 M –TH  
Baseball – 8:30 – 12:30 M – TH  
Soccer – 8:30 – 12:30 M – TH  
Track & Field – 8:30 – 12:30 M – TH

De La Salle High School will host athletic summer camps in 2015 to provide a fun, skill-building week for kids. Camps appeal to local youth with a variety of athletic interests.

In addition to serving local athletes, the camps also benefit De La Salle students by helping to raise funds for The Bishop John S. Cummins Scholarship Program.

Camps are open to boys and girls  
4<sup>th</sup> Grade- 9<sup>th</sup> Grade  
@dlsccamps

**Session 4(cont.) – June 27 – June 30**

De La Salle Basketball Camp – 8:30 – 12:30 M – TH

**Session 5 – July 5 – July 8**

Volleyball – 8:30 – 12:30 M - TH

**Session 6 – July 11 – July 14**

De La Salle Basketball Camp – 8:30 – 12:30 M – TH

**Session 7 – July 19 – July 21**

De La Salle Basketball Camp – 8:30 – 12:30 (T – TH – 3 days ONLY)

**Session 8 – August 1 – August 3**

Soccer Academy/Advanced Training – 8:30 – 10:30  
Lacrosse Training Camp – details TBD



**For more info, visit the camp web page at  
[www.dlschs.org](http://www.dlschs.org) (under the athletics tab)**

**Registration is underway!**

**Just use your smart phone and scan the code  
above to get started.**

**\*Dates are subject to change\***