

# De La Salle Basketball Coaches Clinic

Come see Coach Argenal demonstrate the X's and O's using live drills. This session is open to all CYO coaches. We look forward to having you here at DLS in order to help you get ready for your upcoming season!



## Coach Justin Argenal File

- De La Salle Graduate - BVAL MVP
- Chico State Graduate – 4 Year Team Captain
- All-Time CCAA Leader in Assists and Steals
- 2010 – 2016 Collegiate Coach  
Ole Miss, The Citadel, Louisiana Tech, Southeast Missouri State, Cal State Dominguez Hills
- 2016 – Present Head Varsity Coach at De La Salle High School (28-6)
- 2017 NorCal Preps Coach Of The Year
- 2017 NCS Champions

**When:** Sunday, September, 24<sup>th</sup> , 7:30am-10:15am

7:30-8am Registration/Breakfast Snack provided

8:00-10am Clinic

10-10:15am Question and Answer Segment

**Where:** De La Salle High School

1130 Winton Drive, Concord, CA, 94518

**Cost:** \$25

Register online at:

<https://www.dlshs.org/athletics/camps-clinics>

## **What will we cover?**

- Championship Culture
- Running a practice and practice preparation
- Demonstrating drills for ball handling, passing, shooting, and rebounding
- Offensive Strategy and Principles
- Defensive Strategy and Principles
- Skill Development – How to help your players improve
- X's and O's
- Question and Answer Segment

For more information contact Justin Argenal at [argenalj@dlshs.org](mailto:argenalj@dlshs.org)

