

CYO CROSS COUNTRY MEET MAIL

WEEK OF OCTOBER 21, 2013

LAST WEEK - "THE DIOCESAN MEET"

Meet Director: Tim Chavez



A great meet, nice weather and a fine way to end our season. We finished with a record of 778 runners, not counting our many, inspirational "fun-runners," so we had over 800 runners! A new record for the Diocesan Meet!

Numbers are never as important as the spirit of the meet, the enthusiasm of the runners, the dedication of the coaches, the hard work of meet officials and the loving support of parents and spectators! CYO Cross Country continues to be fun, a great experience for young people because of all the hard work and dedication by all – runners, coaches, meet officials, parents and families! We've now "run out" of superlatives to describe the experience!

Thanks to all the parish coordinators, coaches and our loyal meet volunteers who "came through", to make the event a memorable one. A special thanks to the many who contributed to this meet, especially to Tim Chavez for directing the meet; Raewyn Cummings and Corpus Christi volunteers for the prompt results and the finish line crew; the set up and clean up crew; our Medical

Team members through all the meets, who spent the meet caring for skinned knees and drying tears; Jack Viera and the SLOT team for leading a great fun run; our head marshal Frank Knafelc and meet marshals; Ed Olkowski, our starter; Sue Mart, our timer ... and many others!

FEES

If you still owe team fees from the season, please mail a check to the CYO Office, 2121 Harrison Street, Oakland 94612. The fees are \$3. per runner per meet.

RESULTS

Results for the Diocesan Meet and for all of our meets are posted on the results page.



THE 2013 SEASON

As we look back on the past season, a comment heard often is that it went by too quickly! We remember lots of excitement on the part of our runners standing at the starting line with supportive coaches arranging them in lines. We remember cheering spectators and little ones clutching ribbons after the fun runs. We remember the excitement of completion along with appreciating the effort of all the runners, fast and less fast. But most of all, we remember the gift of being with God's children on glorious fall days in park settings.

Special Acknowledgements to:

- Tim Chavez and Boyd Fottrell as Diocesan Coordinators, for all their tireless work at the meets and behind the scenes.
- Rouyn Cummings and Boyd Fottrell for another outstanding job with accurate and "timely" results.
- Sister Denise and all the dedicated finish line awards crew for another smooth finish line.
- Grace House (CYO) by answering numerous questions on the phone, directing runners to the right park, giving information ..etc. etc. etc.
- Sue Mart, Ed Olkowski and the finish line crew for starting, timing and "directing traffic".
- Frank Knafelc and Ed Thometz who a superb job as head marshals, and all those who marked courses and policed the fields.
- Our "Medical Team", who bandaged numerous knees and added that special touch of compassion to dry the tears;
- Jack Viera and his SLOT "Tiger / Rabbits" who led the best race of each meet – the fun runs.
- John Von Seeburg from Assumption, for great photos throughout the season.
- All of the meet directors and parish meet sponsors, who took on the additional responsibility of organization, as well as coaching their teams.
- All the parent volunteers who came forward week after week to serve as meet officials. ESPECIALLY those who came early and stayed late to set up and pick up!
- And especially to all of the dedicated parish coordinators and coaches who organize, lead and inspire week after week, season after season.

To sum is all up, from Rodney Pierre-Antoine, principal at St. Jarlath School and an enthusiastic CYO supporter:



“The sport of Cross Country embodies the mission of CYO. Regardless of the parish name written across their chests, every runner is valued and encouraged to do their personal best in a positive and supportive environment that encourages respect for all.”