

2017 - DVCL - CYO TRACK & FIELD SECTIONAL CHAMPIONSHIP

1600 M @Ygnacio Valley High School May 4, 2017, Thursday Evening

Balance of Events @ Diablo Valley College, May 6, 2017

8:25 am Presentation of Colors & Opening Prayer

ORDER OF TRACK EVENTS **All Athletes must have their name tag with Name , Athlete #, Parish , Grade and events**

(Staging for Track Events May 6, @ 8:30 will be @ North end of track in the Gated Pen area by Snack Bar,

Sprint Medley 30 yd line on the benches Athletes will stand in back of the grade signs

Starting Time for Meet 9:00 AM

1600 meter @ Ygnacio Valley H.S (6:00 pm on 5/4) (First call 5: 45 pm) Staged on the field.	3G 4G 5G 3B 4B 5B 6G 7G 8G 6B 7B 8B
4 X 100 Relay (9:00 am on 5/6) (First call 8:30 am)	3G 3B 4G 5G 6G 7G 8G 4B 5B 6B 7B 8B
400 Meter	3G 4G 5G 6G 7G 8G 3B 4B 5B 6B 7B 8B
50 Meter	3G 4G 5G 3B 4B 5B
100 Meter	8G 7G 6G 5G 4G 3G 3B 4B 5B 6B 7B 8B
800 Meter	3G 4G 5G 6G 7G 8G 3B 4B 5B 6B 7B 8B
200 Meter	3G 4G 5G 6G 7G 8G 3B 4B 5B 6B 7B 8B
4 X 400 Meter Relay	5/6/7/8 Girls 5/6/7/8 Boys
Sprint Medley (Staged on the field starting at the 30 yard line)	3/4/5/6/7/8 Girls 3/4/5/6/7/8 Boys

PLEASE NOTE...ALL RUNNERS INCLUDING THE ALTERNATES MUST CHECK IN WHEN THE FIRST CALL IS MADE FOR ANY TRACK EVENT. THE ALTERNATE WILL BE CALLED AND PLACED IN POSITION BY THE CLERK OF THE COURSE. BEHIND THE VACANCY. WHEN IT IS TIME TO MOVE THE RUNNERS FOR EACH RACE AND THE QUALIFIED RUNNER IS NOT THERE ONLY THEN WILL THE ALTERNATE BE PLACED. BE ON TIME. IT IS THE ATHLETES RESPONSIBILITY TO BE THERE

Once the Clerk of the Course has moved the runners to the staging positions. there are NO Changes.

NO COACHES ON THE FIELD, ONLY MEET VOLUNTEERS.

ORDER OF FIELD EVENTS

All FIELD EVENTS will be run by grade and gender.. NO FIELD EVENT will be run on an OPEN TIME
Practice begins at **8:15 a.m.** for first scheduled age group for High Jump, Shot Put & Softball throw. **8:45 for L J.**

No athletes or coaches are to be in the area beside the 100 Meter running area. ***(Please advise your athletes)***

IMPORTANT: Athletes called to a field event should report in & advise Venue Official when they have a running time conflict. Explain to the Venue official before leaving which track event it is. Please make sure the athlete reports back to the field event as soon as the running event is completed **to ensure the event is not closed without you. Field Judge will note the event on the sheet you are leaving for. All alternates compete in Field Events & 1600M/ 800M.**

Short LJ Pit G & B (First call after the 4x100 3G Girls Relay)	PIT # 1 (South end of field)	3G 3B 4G 4B 5G 5G
Long LJ Pit – G & B (First call after the 4x100 6B Boys Relay)	PIT # 2 (South end of field)	6G 6B 7G 7B 8G 8B
HIGH JUMP #1 1 venue	First call 8:30 am (South end of field)	5/6B 7/8B 7/8G 5/6G
SHOT PUT 1 venue	(North end @ Shot Put Arena) First call 8:30 am	5/6B 5/6G 7/8B 7/8G
SOFTBALL THROW 2 venues	(North end of field @ Goal posts) Both G & B will throw at same time	8G 7G 6G 5G 4G 3G 8B 7B 6B 5B 4B 3B