

# 2018 CYO TRACK & FIELD

*The 2018 CYO Track and Field Program for girls  
and boys will be soon underway!*



## CYO TRACK SECTION COORDINATORS

The Track Section Coordinators for each CYO track section are listed below with contact information. For more information on meet schedules, entries, entry fees, orders of events, or other information, visit the individual Section Websites, linked to the CYO Track page: [www.oaklandcyo.org](http://www.oaklandcyo.org) or contact the Section Coordinator.

### **SECTION I (DIABLO VALLEY)**

SECTION COORDINATORS: George Francis 925-765-0256 [coachfrancisvhs@hotmail.com](mailto:coachfrancisvhs@hotmail.com)  
Tim Chavez 925-516-1400 [tcbrokers@yahoo.com](mailto:tcbrokers@yahoo.com)  
Claire Tryon [greyeototo@sbcglobal.net](mailto:greyeototo@sbcglobal.net)

### **SECTION II (OAKLAND / EBPL / WEST CONTRA COSTA)**

SECTION COORDINATORS: Herbert Yarbrough 510-917-1647 [yarhmond@comcast.net](mailto:yarhmond@comcast.net)  
Sister Mary Denise

### **SECTION III (MISSION VALLEY / SOUTHERN ALAMEDA COUNTY)**

SECTION COORDINATORS: Melanie Jones 510-646-6566 [melanielewisjones@gmail.com](mailto:melanielewisjones@gmail.com)  
Muriel Irwin 510-304-6869 [mirwincyo@gmail.com](mailto:mirwincyo@gmail.com)

Thursday, February 1	Practice for Track and Field may begin
March 5, 13, 15	Coaches Certification Workshops
Sunday, April 1	Easter Sunday
	<b>(NO CYO activities from Thursday 3/29 through Sunday 4/1)</b>
Sunday, May 6	Last day for sectional qualifying meets
Monday, May 7	Qualifier lists due in CYO Office by NOON
Friday / Saturday, May 11, 12	Oakland Diocese Track and Field Championship Meet

## COACHES CERTIFICATION WORKSHOPS

There will be three Track and Field Coaches Workshops. Dates, times and locations are listed on the workshop flyer. Please pass this information to your coaches. Attendance at one workshop is mandatory for all coaches participating in the 2018 Track Program. (Those who were certified to coach in CYO sports during the 2017–2018 school year, may request certification for CYO track by contacting the CYO Office at [ghouse@oakdiocese.org](mailto:ghouse@oakdiocese.org).)

Cost for each workshop is \$5 per coach. Coaches who are late may not be admitted once the workshop begins.

## **MANDATORY DIOCESAN SAFE ENVIRONMENT TRAININGS**

**NEW COACHES** must complete diocesan Safe Environment Training, either the online training or a live course, completed after July 1, 2015. The training course is Virtus at [www.virtus.org](http://www.virtus.org). For details of the trainings, see the workshop flyer. New coaches should bring their Safe Environment Training Certificate to registration at the coaches' workshop.

**RETURNING COACHES**, those certified as CYO Coaches in the 2016-2017 season, do not need to re-complete the training at this time. Returning coaches should bring their 2017 Certification Card to the workshop or their Safe Environment Training Certificate. (Note: Coaches cannot log on to the old "Shield the Vulnerable" website to reprint their certificate. To obtain a copy, contact Grace at [ghouse@oakdiocese.org](mailto:ghouse@oakdiocese.org).)

All coaches must present their California Driver's License or a photo ID on registration at the workshop.

## **FINGERPRINTING**

As per diocesan policy, all volunteers who have contact with children must be fingerprinted for the Oakland Diocese prior to working with children. This coming season, all new track coaches and coordinators, and any others who were not previously successfully fingerprinted, will be fingerprinted. (A parish track coordinator is one with supervisory responsibility over coaches.) Fingerprinting will be available at each of the Coaches' Workshops or at other workshops or at sites listed on the attached Fingerprint flyer. Cost is \$34 per person and individual parishes will be billed. By law, results are strictly confidential. Once a person has been successfully fingerprinted for the Diocese of Oakland, he/she is not required to be re-fingerprinted.

To check to see if your coaches have been fingerprinted and cleared, contact your parish Safe Environment Coordinator, or email a list to either Grace House ([ghouse@oakdiocese.org](mailto:ghouse@oakdiocese.org)) or to Diana Bitz, diocesan Safe Environment Coordinator ([dbitz@oakdiocese.org](mailto:dbitz@oakdiocese.org)). For questions regarding fingerprinting or other safe environment issues, contact the Diocesan Safe Environment Office, 510-267-8315 or [dbitz@oakdiocese.org](mailto:dbitz@oakdiocese.org).

## **MEGAN'S LAW CHECKS**

Megan's Law Checks can be done "on-line." Parish Coordinators will check their coaches and any meet volunteers at the website: [www.meganslaw.ca.gov](http://www.meganslaw.ca.gov). This gives parishes an easy way to check coaches and adult volunteers before the season begins! All volunteers who will be helping as meet officials must be checked through Megan's Law by their parishes prior to volunteering!

## **POLICIES, RULES AND EVENT SAFETY**

**"Concussion Information Sheet" and Policy on Suspected Concussions:** In accordance with California State Law on concussions in youth sports, parents and athletes must complete annually a form, the "Concussion Awareness Sheet", sign it, and return it along with other registration materials prior to their child beginning practice. Also, if a child is injured and has a suspected concussion, they must be removed from the event for the rest of day and cannot return to participate without written clearance from a medical professional.

**Parental Permission Forms:** Before practices begin, **all** participants must have completed and returned a "Parental Permission, Health Authorization and Release Form." A copy of the form for each participant must be kept with the coaches at all meets and practices! Copies of CYO forms are available from the CYO office or can be downloaded from the CYO Website ([www.oaklandcyo.org](http://www.oaklandcyo.org)).

**CYO Rules:** Track events, rules, standards of eligibility and CYO policies are found in the 2017-2018 CYO Athletic Manual. available from the Diocesan CYO Office and available at all coaches' certification workshops. *Please be certain that all of your participants meet the age and eligibility requirements. Participants must compete for their own parish or Catholic school!*

