

OAKLAND DIOCESE CYO
VOLLEYBALL RULES
(Revised 2011–2012 Season)

The National Federation Volleyball Rulebook will be the official rules, unless superseded by the bylaws or rules exceptions established by the Girls' Sports Council.

NET HEIGHT: The official net height is seven (7) feet for 6th, 7th and 8th grade divisions. Lower grades may adjust net height and serving lines according to league rules.

RALLY SCORING: Rally scoring format will be used including let serve. (Note: By individual league adoption, side-out scoring may be used for any or all grade levels.)

LENGTH OF GAME: The match will consist of the best two (2) of three (3) sets. The first two (2) sets shall go to 25 points and the third (3rd) set shall go to 15 points. A team that has scored 25/15 points and is at least 2 points ahead is the winner. If the leading team does not have a 2 point advantage, play shall continue until one team has a 2 point advantage (no cap point).

GAME BALL: 7th and 8th grade divisions shall use a volleyball meeting National Federation specifications. 6th grade divisions and under shall use the Volleyleite ball.

LIBERO PLAYER: There will be no “libero” players.

JERSEY NUMBERS: Players must have a clearly visible number on the front and/or back of their uniform jersey. It is recommended that jerseys be numbered on the front *and* back of the uniform.

KNEEPADS: Kneepads shall be worn by all players.

SERVER ROTATION: In 7th grade leagues and lower, the serving team shall rotate each time a server serves 5 consecutive points in a game.

SPIKING LINE: The spiking line (10 foot line) will not be used.

ALL-PLAY PARTICIPATION RULE (NEW):

1. At the beginning of the first set, no team shall substitute until either team scores 12 points. When the 12th point is scored, the referee shall inform the coaches of both teams that they may substitute any eligible player until the end of the set.
2. At the beginning of the second set, any players (up to 6) who did NOT start in the first set (and play until one team scored 12 points), MUST start the second set and MUST play in the second set until either team scores 12 points. When the 12th point is scored, the referee shall inform the coaches of both teams that they may substitute any eligible player until the end of the set.
3. There is no restriction as to which players may start and finish a third set of any match.
4. For teams with more than 12 players, those players who did not start in either the first or second set are expected to play a substantial amount during the first and/or second sets of the match.
5. The All-Play rule does not alter the existing substitution rule that provides that a substitute or re-entering starter may enter (or re-enter) into only one spot in the lineup per set.
6. Leagues may modify this rule for timed matches or for side- out scoring.